Quick reminder : The Simple Past

1 – Completed action in the past



I **saw** a movie yesterday.

I **didn't see** a play yesterday.

Last year I **traveled** to Japan.

**Did** you **have** dinner last night?

2 – A series of completed actions in the past



*The past simple is used in a sequence of events and actions in the past, for example in stories and biographies.*

I **finished** work, **walked** to the beach, and **found** a nice place to swim.

He **arrived** from the airport at 8:00, **checked** into the hotel at 9:00, and **met** the others at 10:00.

**Did** you **add** flour, **pour** in the milk, and then **add** the eggs?

3 – Habits in the past



*The past simple is also used to express past habits and routines.*

As a child I **used to get up** quite early. I first **got** washed and dressed and then **had** my breakfast, which usually **consisted** of cereals with some fresh fruit juice, **followed** by some toasts and marmalade. I never **left** the house with an empty stomach.